

MENDING THE SOUL

Mending the Soul Ministries, Inc. (MTS) is a non-profit 501(c)3 organization that empowers communities and equips churches for ministry to those impacted by abuse. Foundational to MTS is the integration of scientific and social research on abuse and trauma recovery with biblical and theological truth. Mending the Soul reaches the mind, the heart and soul of the wounded and equips Christian men and women for dynamic and effective ministry to those impacted by abuse.

Founded by Celestia Tracy, with foundational curriculum written by Dr. Steve Tracy, Mending the Soul Ministries seeks to train both the Christian and non-Christian community on the nature and effects of abuse. Biblical principles for healing demand that abuse be understood and responded to in a safe environment that draws participants toward restored relationships with God, self and others.



Celestia Tracy, M.A., L.P.C.
President and Founder

Steve Tracy, M.Div., Ph.D.
Founder
*Author of Mending the Soul:
Understanding and Healing
Abuse*

Mending the Soul resources and trainings are available to help you address the unique needs of your church and organization.

For more information on Mending the Soul Ministries, for our products, for speakers or training, please visit our website at

www.mendingthesoul.org

Or call us at

866-535-5044

P.O. Box 97636, Phoenix, AZ 85060

BRINGING HOPE TO GENERATIONS



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MTS BASIC TRAINING

**Friday and Saturday
March 30-31, 2012**

Hope Covenant Church
1770 South Dobson Rd.
Chandler, AZ 85286

Friday 6:30-9pm
(check-in begins at 6 pm)

Saturday 8am-4pm
(check-in begins at 7:30 am)

*"He has sent me to bring good news to the
oppressed, to bind up the broken-hearted"
Isaiah 61:1*

www.mendingthesoul.org

TRAINING OVERVIEW

Join us March 30th and 31st at Hope Covenant Church to hear our experienced trainers share their expertise and wisdom regarding the MTS healing model and MTS small support groups. This training will present materials geared to anyone who feels called to work with those hurting from the pain caused by abuse. Abuse happens all around us...sometimes we don't recognize it as abuse. This training will provide definitions of abuse and an understanding of the distortions it causes in our lives that are far from the original design the Lord created within us. We will share not only about the pain and suffering of abuse but also of the healing redemption offered through Christ! Through this training you will experience teaching along with practical application and individual and group processing. Those who attend will have a greater understanding of abuse, the effects of abuse, their own personal need for healing and how to safely walk alongside others.

WHO SHOULD ATTEND?

- **MTS Small Group Facilitators (new and experienced)**
- **Pastors, Church Leaders, Ministry Leaders**
- **Pastoral and Lay Counselors**
- **Professional Counselors**
- **Safehouse Volunteers/Staff/Mentors**
- **Community Leaders**

Please note: This training is not intended as a next step in the healing journey for those still in the process of recovery from abuse. It is expected that individuals are familiar with the content of Mending the Soul prior to attending this training.

INSTRUCTORS

- Paul Forsythe, M.Div., D.Min.
- Roxane Thorstad, Psy.D.
- Tanya Harris, M.A., L.A.C.
- Mike Rehm, M.A., L.A.C.

FRIDAY TRAINING

- **Theology of Suffering, Brokenness, and Compassion**
Scripture has much to say about suffering and brokenness and Christ's compassionate response. This opening session brings to light some of the struggles we have in seeing, addressing, and entering into those uncomfortable places so we can bring share the hope that comes from Christ's redemptive healing.
- **God Centered Understanding of Abuse**
Each of us has been created in God's image. This presentation discusses the types of abuse and how they wound us and distort our original design.

SATURDAY TRAINING

- **Community Based Model Overview**
We begin on Saturday with a brief overview of the MTS community based model, curriculum development, and the process in which the Lord uses this combination to heal brokenness from abuse.
- **Four Primary Effects of Abuse**
This session will address and define trauma as well as the effects of abuse: shame, powerless, deadness, and isolation. It will also include connecting exercises and group discussion.
- **Relational Safety**
Creating safety within relationship is the number one dynamic in healing. This session will address being a safe person, facilitator or mentor, and what it looks like to be in safe community.
- **Defenses of the Heart**
In defense of pain, we develop strategies of protection. This session will address seeking to know those strategies within ourselves as well as recognizing them in others. This session will also include some small group practice and discussion time.

REGISTRATION FORM

Registration costs include training materials and lunch on Saturday. Couples discount available for early registrants only.

- Individual Registration (postmarked by Mar 23rd) \$150
- At the Door Registration (after Mar 23rd) \$200

Group Discounts are available, go to www.mendingthesoul.org for more information.

This form can be filled out online at www.mendingthesoul.org

Name

Address

City

State

Zip Code

Phone

Email

Church or Organization Name

Please answer the following questions:

Have you completed a MTS support group? yes no

Have you facilitated a MTS support group? yes no

How many MTS groups have you facilitated?

0 1-2 3-5 >5

I am a pastor/church leader/ministry leader. yes no

Does your church have a MTS small support group?

yes no

I am a mental health professional. yes no

I am on staff/volunteer with an organization that works with survivors of commercial sexual exploitation. yes no

Methods of Payment

- Check made payable to Mending the Soul Ministries
- Secure online payment at www.mendingthesoul.org
Just click the MTS training under calendar of events. Then click the registration button. (PayPal accepts checks and most credit cards - you do not need to have a PayPal account to use this service)

Mail registration and checks to:

Mending the Soul Ministries
PO Box 97636
Phoenix, AZ 85060