

## MENDING THE SOUL

Mending the Soul Ministries, Inc. (MTS) is a nonprofit 501(c)3 organization that empowers communities and equips churches for ministry to those impacted by abuse. Foundational to MTS is the integration of scientific and social research on abuse and trauma recovery with biblical and theological truth. Mending the Soul reaches the mind, the heart and soul of the wounded and equips Christian men and women for dynamic and effective ministry to those impacted by abuse.

Founded by Celestia Tracy, with foundational curriculum written by Dr. Steve Tracy, Mending the Soul Ministries seeks to train both the Christian and non-Christian community on the nature and effects of abuse. Biblical principles for healing demand that abuse be understood and responded to in a safe environment that draws participants toward restored relationships with God, self and others.



**Celestia Tracy, M.A., L.P.C.**  
President and Founder

**Steve Tracy, M.Div., Ph.D.**  
Founder

*Author of Mending the Soul:  
Understanding and Healing Abuse*

Mending the Soul resources and trainings are available to help you address the unique needs of your church and organization.

For more information on Mending the Soul Ministries, for our products, for speakers or training, please visit our website at

[www.mendingthesoul.org](http://www.mendingthesoul.org)

Or call us at  
**866-535-5044**

P.O. Box 97636, Phoenix, AZ 85060

BRINGING HOPE TO GENERATIONS



## MTS TRAINING

### THE MTS HEALING MODEL AND SMALL SUPPORT GROUPS

**Friday and Saturday**  
**April 23-24, 2010**

**Paradise Valley Community Church**  
**4242 E. Greenway Rd.**  
**Phoenix, AZ 85032**

**Friday, 6:30-9pm**  
Large Group Training

**Saturday, 8am-4pm**  
AM: Large Group Training  
PM: Breakout Tracks

*"He has sent me to bring good news to the  
oppressed, to bind up the broken-hearted"*  
*Isaiah 61:1*

[www.mendingthesoul.org](http://www.mendingthesoul.org)

## TRAINING OVERVIEW

Join us April 23rd and 24th at Paradise Valley Community Church to hear our experienced trainers share their expertise and wisdom regarding the MTS healing model and MTS small support groups. This training will present materials geared to both seasoned and potential facilitators regarding the ins and outs of small support groups. It will also address for church and ministry leaders the role and dynamics of the MTS model in church and community settings. This training will discuss what happens after MTS small groups including the responsibility of churches, facilitators and participants after participants have completed a MTS group. One of the breakout sessions will be on personal self-care necessary to be effective in ministry and not succumb to compassion fatigue and burn out. We will be teaching through both large group sessions and breakout tracks. Couples and individuals who register by April 1st receive a discount. You can register using the attached form or online at [www.mendingthesoul.org](http://www.mendingthesoul.org).

## WHO SHOULD ATTEND?

- MTS Small Group Facilitators
- Pastors, Church Leaders, Ministry Leaders
- Pastoral and Lay Counselors
- Professional Counselors
- StreetLight Volunteers
- Community Leaders

**Please note:** This training is not intended as a next step in the healing journey for those still in the process of recovery from abuse. It is expected that individuals are familiar with the content of Mending the Soul prior to attending this training.

## INSTRUCTORS

**Celestia Tracy, M.A., L.P.C.**

**Christine Stephenson, M.Div., Ph.D.**

**Roxane Thorstad, Psy.D.**

**Tanya Harris, M.A., L.A.C.**

**Kent Bertrand, M.Div.**

## LARGE GROUP TRAINING

The large group training time will include but not be limited to the following topics. Some topics will be covered in more depth in the individual breakout tracks.

- A God-Centered Theology of Abuse
- Community Partnerships: A Faith Based Healing Model for Abuse Survivors
- A Theology of Brokenness
- The Ins and Outs of Small Support Groups
- Understanding and Developing your Role of Facilitator
- Understanding Participant Responses
- Small Support Groups for Men

## BREAKOUT TRACKS

### Facilitator Training:

Come and develop your facilitator skills by learning to understand group dynamics, participant defenses, and how to respond as a facilitator.

### Pastor, Church Leaders, Ministry Leaders:

As church leaders you cross paths with wounded and broken people. Come and learn: (a) how to identify abuse survivors and how to respond; (b) what the MTS healing model is about; and (c) how to implement this model in your church or organization.

### Self Care - Staying Connected to Stay Strong:

In this breakout we will explore the need for self-care. We will address ways to stay strong with the Lord and the importance of creating a support system. This session will also briefly address compassion fatigue and secondary trauma.

## PLEASE ANSWER THE FOLLOWING

Have you completed a MTS support group?  yes  no  
Have you facilitated a MTS support group?  yes  no  
How many MTS groups have you facilitated?  0  1-2  3-5  >5  
Does your church offer MTS small support groups?  yes  no  
I am a pastor/church leader/ministry leader.  yes  no  
I am a mental health professional.  yes  no  
I am a volunteer with StreetLight.  yes  no

## REGISTRATION FORM

Registration costs include training materials and lunch on Saturday.

- Single Registration (postmarked **after** April 1st) \$185
- Couples Registration (postmarked **after** April 1st) \$320
- At the Door Registration (**after** April 19th) \$225

### **TAKE ADVANTAGE OF OUR SPECIAL OFFERS:**

(These specials are available **ONLY** if postmarked/paid by April 1st)

- Early Single Registration \$150
- Early Couples Registration \$240
- Groups of 5 or more - 10% group discount  
(must pay as group—online payment not available for this option)
- Pastor and Spouse: both attend for the price of one  
**PLUS** 10% discount for all ministry leaders from same church (Pastor and spouse must attend for discount to apply for ministry leaders. Online payment not available for this option.)

**Fill out one form per individual . This form can be filled out online at [www.mendingthesoul.org](http://www.mendingthesoul.org)**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Church \_\_\_\_\_

### **BREAKOUT TRACKS**

Please choose one (1) session to attend during the breakout track training on Saturday afternoon:

- Facilitator Track
- Pastors/Church Leaders/Ministry Leaders
- Self Care - Staying Connected to Stay Strong  
(Recommended for StreetLight volunteers)

### **Methods of Payment**

- Check made payable to Mending the Soul Ministries
- Secure online payment at [www.mendingthesoul.org](http://www.mendingthesoul.org) Just click the MTS training under calendar of events (PayPal accepts checks and most credit cards - you do not need to have a PayPal account to use this service)
- Visa or MasterCard over the phone - call 866-535-5044 ext. 701, Monday - Friday, 10am-3pm, Mountain Time

### **Mail registration and checks to:**

Mending the Soul Ministries,  
P. O. Box 97636, Phoenix, AZ 85060